

FOR MORE INFORMATION

Read the Consumer Medicine Information before use:

Consumer Medicine Information is available online at www.gsk.com.au/ventolin

For more information on Ventolin or the management of asthma, please see your doctor or pharmacist.

Distributed in Australia by:

GlaxoSmithKline Australia Pty Ltd

Level 4, 436 Johnston Street

Abbotsford Victoria 3067 Australia.

Ventolin Inhaler contains 100 mcg salbutamol (as sulfate) per metered dose.

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Version 2.0



Ventolin Inhaler with dose counter ('puffer')

WHAT IS VENTOLIN FOR?

The Ventolin Inhaler ('puffer') is a treatment for the fast relief of your chest symptoms. It is often called a "reliever puffer".

When your chest is tight or when you are wheezing, Ventolin opens the airways in your lungs and helps you breathe more easily.

The following may be signs that your condition is getting worse:

- If your Ventolin does not help your breathing.
- If the effect of your Ventolin does not last as long as usual.
- If you need more puffs than usual to get relief.
- If your breathing suddenly becomes more difficult just after you have used your Ventolin Inhaler, tell your doctor immediately.

VENTOLIN IS CFC-FREE

The CFC propellant that was once in Ventolin has now been replaced with a more environmentally friendly 'non CFC' propellant, called hydrofluoroalkane.

There are no additives such as ethanol, or oleic acid in your Ventolin.

MANAGING YOUR CHEST SYMPTOMS

This medicine is only one part of a general plan to help you manage your asthma or other chest condition. You should discuss this plan with your doctor.

You should visit your doctor or pharmacist regularly to check that your respiratory condition is under control with the right medications.

PREVENTING ASTHMA

Taking Ventolin too often may be a sign that your asthma is getting worse.

If you need to take your Ventolin more often than what has been recommended by your healthcare professional, you may need to treat your asthma with additional inhalers known as a "preventer".

Inflammation of the airways, which may be the cause of your asthma, can be treated by a preventer inhaler.

USING THE INHALER CORRECTLY

'Prime' the Inhaler

Before using your new Ventolin Inhaler for the first time, you should shake it well, and release 4 puffs into the air until the counter reads 200 to make sure that it works.

If your Inhaler has not been used for 5 days or more or if you drop the Inhaler, shake it well, and release 2 puffs into the air to make sure that it works.

Once primed, your Inhaler is ready to use.

Shake the Inhaler before each use

Every time you use your Ventolin Inhaler, you must shake the Inhaler well and use the Inhaler immediately after shaking.

Regular Cleaning

Regular cleaning helps keep Inhalers working at their best. The cleaning instructions are shown on the back of this page. Inhalers should be rinsed at least once a week.

Ventolin Inhaler with dose counter ('puffer')

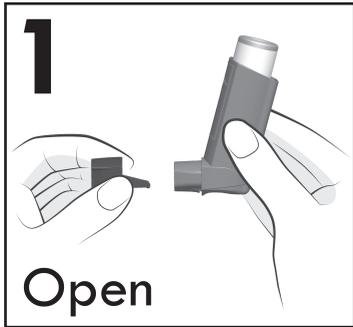
How to use your Ventolin Inhaler with dose counter.

Before using your VENTOLIN Inhaler, please read this leaflet carefully and follow these instructions.

This medicine is contained in a pressurised canister. When you press down on the metal canister, a measured amount of your medicine is released for you to breathe into your lungs. This leaflet shows you five key steps to use your Inhaler correctly. Study the steps carefully. Ask your doctor or pharmacist if you have any questions. Your treatment will not be effective if you do not use your Inhaler correctly.

IMPORTANT

You need to feel comfortable with the way you use your Inhaler. The way you hold your Inhaler may be slightly different from the way shown in the photos. However, it is important to follow the instructions which are given in this leaflet. It is important that your medicine is released from your Inhaler at the same time as you are breathing in through your mouth. If you have not used an Inhaler before, take your Ventolin in front of a mirror for the first few times. If you see mist coming from the top of the inhaler then you have not done it properly. Carefully read through all the steps of these instructions and start again from Step 2. If you continue to have problems, talk to your doctor or pharmacist.



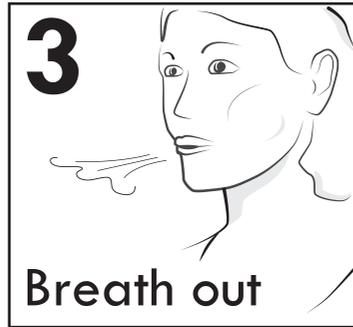
Open

Take the cap off the mouthpiece by gently squeezing the sides of the cap. Make sure the mouthpiece is clean inside and outside. The area around the nozzle should be clear of dust and grit. **Do not use if the dose counter shows 000.**



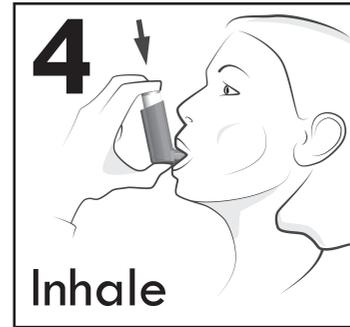
Shake

Hold the Inhaler upright. **Shake it well.**



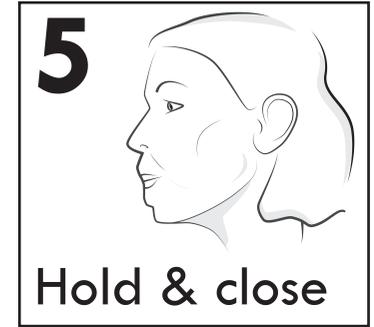
Breath out

Hold your Inhaler away from your mouth and breathe out slowly and gently until your lungs feel comfortably empty. **Remember - never breathe into your Inhaler.** Raise the Inhaler to your mouth.



Inhale

Put the mouthpiece between your teeth, but do not bite it. Close your lips around the mouthpiece. **Do not press down on canister yet.** Tilt your head back slightly. As you start to breathe in slowly through your mouth, press down firmly on the top of the canister to release your medicine. It is important that your medicine is released from your Inhaler at the same time as you are breathing in through your mouth. Continue to breathe in steadily and deeply.



Hold & close

Hold your breath and remove the Inhaler from your mouth and continue to hold your breath for as long as is comfortable (about five seconds), then breathe out gently, away from the Inhaler. If you need another puff, wait about half a minute, then repeat steps 2 to 5. Immediately replace the cap by clicking it securely into place.

DOSE COUNTER

The canister has a counter attached to it, which shows how many puffs of medicine you have left. The number of puffs left will show through the window in the back of the plastic actuator. Each time the canister is pressed, a dose of medicine is released and the counter will count down by one.

You should consider getting a replacement when the counter shows the number 020. When the counter reads 000 you must replace it.



CAUTION

Use your Inhaler only as your doctor or pharmacist tells you. They will tell you how many puffs to take and how often to use the Inhaler. Each treatment with the Inhaler should last for at least four hours. If the effect lasts for less than three hours, tell your doctor.

If the treatment does not give you relief, tell your doctor.

Your doctor may tell you to take extra puffs when you have an acute attack of asthma. Check with your doctor.

A HANDY TIP

Children and others who have weaker hands may have difficulty pressing down on the top of the canister with just one hand. They can use two hands to make their Inhaler work.

CLEANING YOUR INHALER

Your Ventolin Inhaler should be cleaned at least once a week. You may not see any medicine build-up on the inhaler, but it is important to keep it clean so medicine build-up will not block the spray (**Figure 1**).

Step 1
Remove the metal canister and dose counter from the plastic actuator (casing) of the inhaler and remove the cap.

Step 2
Rinse the plastic actuator **thoroughly** under warm running water (**Figure 2**).

Step 3
Turn the plastic actuator upside down and rinse again through the mouthpiece **thoroughly** under warm running water (**Figure 3**).

Step 4
Shake off as much water from the plastic actuator as you can. Look into the mouthpiece to make sure any medicine build-up has been completely washed away. If there is any build-up, repeat Step 2 and Step 3.

Step 5
Dry the actuator **thoroughly** inside and out (such as overnight) (**Figure 4**).

Step 6
Replace the metal canister and the cap. **DO NOT PUT THE METAL CANISTER IN WATER.**

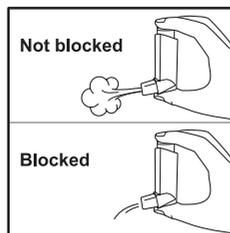


Figure 1

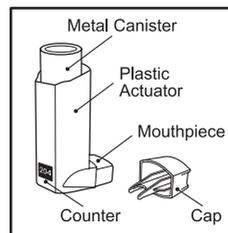


Figure 2

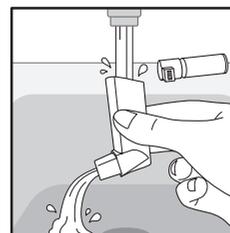


Figure 3

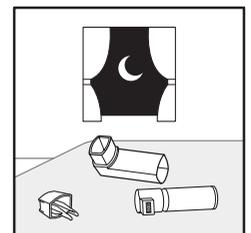
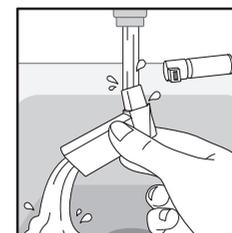


Figure 4